

**Walk Nashville Week
Walk to Worship Day
October 3 and 4, 2009**

Below are verses from the Bible to help remember that both your faith and your health go hand in hand.

1 Samuel 25:6

Say to him: 'Long life to you! Good health to you and your household! And good health to all that is yours!'

Proverbs 15:30

A cheerful look brings joy to the heart, and good news gives health to the bones.

Isaiah 38:16

Lord, by such things men live; and my spirit finds life in them too. You restored me to health and let me live.

Jeremiah 33:6

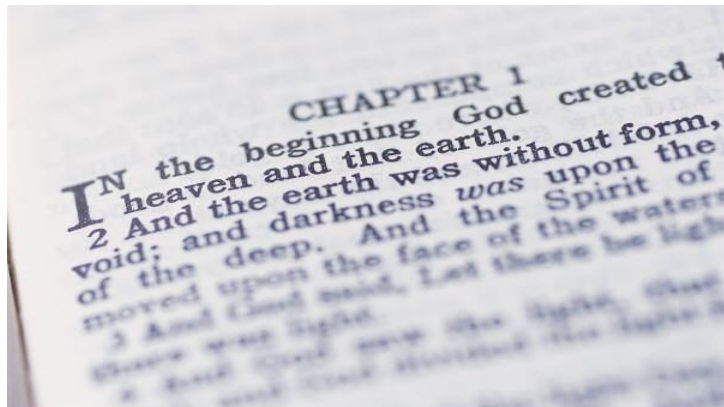
Nevertheless, I will bring health and healing to it; I will heal my people and will let them enjoy abundant peace and security.

Matthew 9:12

On hearing this, Jesus said, "It is not the healthy who need a doctor, but the sick.

3 John 1:2

Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.



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